

YOUR PCS BENEFIT WEEKLY UPDATE

February 23, 2023



BENEFIT NEWS

Are you enrolled in a Flexible Healthcare Spending Account (FSA) for 2023?

MORE TIPS (Part 2): See these tips on how to manage your account:

Know What Your FSA Covers

Understand all of the things that you can use the FSA for. Go to www.payflex.com and check for the eligible expenses. Understand all of the things that you can use the FSA for. Go to www.payflex.com and check for the eligible expenses. Create an account to view your balance and submit claims at any time. The first time you go on to enroll, you will need the number from your debit card number.

Changing Your FSA Election

You cannot change your elections during the plan year unless you have a qualifying event consistent with the event. You have **31 days** from the qualifying event date to submit an Enrollment and Change Form to Risk Management in order to make the change.

Not Enrolled in Health Insurance and Using Your Board Credit for FSA

If you subsequently elect medical insurance during annual enrollment or a qualifying event and you were using your board contribution toward a Healthcare FSA plan, you will be responsible for the FSA premiums for the remainder of the current year.

For more information, go to www.pcsb.org/FSA.



Employee Rights and Responsibilities

You are able to access notices on your rights and responsibilities as an employee. The following information is available on the Risk Management website under <u>Your Rights & Responsibilities</u>. This link provides information on the following: HIPPA (Health Insurance Portability & Accountability Act); COBRA (Consolidated Omnibus Budget Reconciliation Act); FMLA (Family Medical Leave Act; PCS Notice of Privacy; and PCS Special Enrollment.

WELLNESS NEWS

Employee Assistance Program – RFL Webinars for March

Resources for Living (RFL) provides webinars on a monthly basis to help employees be less stressed and more productive. This flyer announces the four new webinars for March: 1) Looking within: Finding your inner leader 2) Anger: How it helps and how it hurts 3) Coping with violence: Trauma recovery 4) Perils of perfectionism and procrastination. To register for the webinars, log in to your PCSB member website at www.resourcesforliving.com, Username: pcsb Password: eap. And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.



Employee Discounts

Main employee discount page

<u>Events</u> Discounts

Concerts and other event discounts through Amalie Arena and Yuengling Center

PerkSpot

Travel, theme park tickets, entertainment & local offers

Company Code: PCSB

Tickets at Work

Special offers like discounts on theme park tickets and much more

Company Code: PCSB

2023 Bay Area Renaissance Festival Ticket

Promo code

(Sat. & Sun.) Feb. 18th – Apr. 2nd 10 AM – 6 PM





